# Seniors

Salem County
Aging & Disability
Resource Center

(856) 339-8622 (856) 451-1207 ext. 8622 1-877-222-3737 or email us at scseniors@salemcountynj.gov

Hours: 8:30 a.m. - 4:30 p.m.

#### ADULT MEDICAL DAYCARE

Adult Medical Daycare provides medically supervised care in a group setting for adults who should not be left alone during the day.

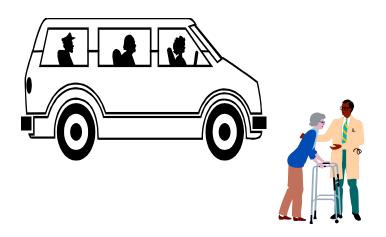


For more information contact Salem County Adult Day Care at **(856) 299-1111** or Senior Care Centers of America, Inc. at **(856) 878-6035**.

## **♥ ADULT PROTECTIVE SERVICES**(APS)

Under APS specially trained staff investigate reports of abuse, neglect or exploitation of Salem County residents who are living in the community and are 60 years of age or older or under 60 and disabled. To make a referral please call the Salem County Office on Aging at (856) 339-8622 or

(856) 451-1207 ext. 8622.



#### ASSISTED TRANSPORTATION

Assisted transportation provides help for those who are unable to safely ride the Specialized Transportation System alone and have no one to help them ride the van.

For more information please contact the Office on Aging at

(856) 339-8622 or

(856) 451-1207 ext. 8622.

#### CAREGIVER SUPPORT

The Caregiver Support Program provides assistance to Caregivers providing care for someone 60 or older or those who are 60 or older caring for children under the age of 19.

Services include Home Health Aides and Adult Daycare. For further information and/or referral to the providing agencies contact the Salem County Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622.

#### **V** COMMUNITY SPEAKERS

The Office on Aging has staff available to come out to your organization and speak on various available programs. We will also share information regarding new and upcoming programs and events. To schedule a speaker please call the Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622.

#### CONGREGATE NUTRITION

Salem County has one center where a nutritionally balanced meal is served.

Recreational activities are also provided at the centers. New

applicants must call South Jersey Healthcare Community Services at **(856) 285-4058** to determine eligibility. Sites are open from 9:00 am to 1:00 pm.

#### GLOBAL OPTIONS (GO)

GO is a program designed to help those 60 or older or over 18 on SSD needing nursing home levels of care to remain in their homes.

A uniquely designed package of support is intended to supplement and strengthen the capacity of caregivers and to delay placement in a nursing facility.

The individual may own their own home and car, but cannot have other resources and assets above \$2,000 or an income above \$2,022 per month. Contact your NJEASE Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622.

#### HOME DELIVERED MEALS

Home Delivered Meals are available to homebound senior citizens who are not capable of going to a nutrition site for a meal. There is an evaluation process to determine those most in need of these hot meals. Contact at Meals on Wheels, **(856) 935-3663.** 

#### HOUSEKEEPING

Light or heavy housecleaning services, such as laundry, dusting, mending, cleaning, and meal preparation, washing floors, etc., to be provided by a non-professional staff. Performance of routine errands, such as grocery shopping or purchasing prescribed medications. Contact Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622 or South Jersey HealthCare HELP Services at (856) 878-6049.

#### **♥ IN-HOME SERVICES HHA**

In-home Services provides a certified home health aide to assist with personal care. Contact Bayada Nurses at **(856) 327-6800.** 

#### JERSEY ASSISTANCE FOR COMMUNITY CAREGIVING

JACC provides a broad array of inhome services and supports to anyone 65 or older in need of nursing home level care to remain in their homes.

A uniquely designed package of supports is intended to supplement and strengthen the capacity of caregivers and to delay placement in a nursing facility.

JACC is not a Medicaid program and requires a cost share based on income. The individual may own a home and car and have countable resources below \$40,000 for an individual or \$60,000 for a couple. For further information, please contact the NJEASE Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622.

#### **V** LEGAL SERVICES

The legal services program handles cases involving governmental benefits and entitlements, landlord/tenant relationships, protective services and pensions at no cost to eligible customers. The legal provider is South Jersey Legal Services at (800) 510-2492.

#### **V** LIFELINE

Lifeline enables eligible people to receive a \$225 credit on their electric and/or gas bills. The eligibility guidelines are the same as for PAAD. To request an application you can call the Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622.

#### MATTER OF BALANCE

Matter of Balance is designed to reduce the fear of falling and increase activity levels among older adults. Class includes nutrition education to encourage healthy eating and an exercise portion to help strengthen muscles. Class is held twice a week for approximately 2 hours. Call for the next class (856) 339-8622 or (856) 451-1207 ext. 8622.

#### MIPPA (Medicare Improvements for Patients & Providers Act)

MIPPA is a program for seniors and disabled people on Medicare who may qualify for extra help. Your resources must be limited to \$12,640 for an individual or \$25,260 for a married couple living together. Your annual income must be limited to \$16,335 for an individual or \$22,065 for a married couple living together. Do not count your car or home as resources. Call the Salem County Office on Aging for a screening **(856) 339-8622 or (856) 451-1207 ext. 8622**.

## NEW FREEDOM TRANSPORTATION

Assists individuals with disabilities with transportation, to and from jobs and employment services. New Freedom operates weekdays 8:00 am to 5:00 pm. Call the Salem County Office on Aging (856) 339-8622 or (856) 451-1207 ext. 8622.

#### NOTARY PROGRAM

The notary program assists with notarizing simple documents for Salem County residents who are at least 60 years of age or those under 60 who are disabled. A photo ID is required to verify eligibility and authenticate the identity of the person requesting the notary service. The office will not notarize power of attorneys (POA), wills, or other similar legal documents. To make an appointment please call the Salem County Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622 or the Office of Disability Services at (856) 935-7510 ext. 8316.

### PHARMACEUTICAL ASSISTANCE TO THE AGED AND DISABLED (PAAD)

PAAD is a program available to senior citizens 65 and over or persons with a disability receiving Social Security Disability. Yearly income must be under \$25,312 for a single person, and under \$31,035 for a couple. This program enables eligible people to purchase prescriptions drugs for \$6.00 for generics and \$7.00 for brand. Contact the Office on Aging for an application at **(856) 339-8622 or (856) 451-1207 ext. 8622.** 

You can also use the PAAD card to get a reduction on your automobile registration. Call **1-800-792-9745.** 

#### PHYSICAL ACTIVITY

The Physical Activity program provides exercise and fitness programs for seniors 60 years of age and older. Weekly fitness programs for seniors are offered through



the Campbell Fitness Center in Salem and the Young Men's Christian Association (YMCA) in Carneys Point. For more information please contact the Campbell Center (856) 935-7789 or at the YMCA (856) 299-1493.

#### PROJECT HEALTHY BONES

Project Healthy Bones is a 2 to 2-1/2 hour 24-week or 12-week exercise and education program for older women and men at risk or who want to help prevent osteoporosis.

Project Health Bones Curriculum includes exercises that target the body's larger muscle groups which are designed to improve strength, balance and flexibility. The 24-week curriculum educates participants on the importance of exercise, nutrition, safety, drug therapy and lifestyle factors as they relate to osteoporosis. Call for the next class **856-339-8622** or **(856) 451-1207** ext. **8622.** 

#### PROJECT LIFESAVER -SHERIFF'S OFFICE

Provide enhanced support and assistance to Salem County residents who are primary caregivers for individuals with Alzheimer's disease or a related dementia disorder. Who are at risk of becoming lost due to memory and cognitive changes that occur as part of the disease.

Participants wear a special arm bracelet that should they become lost can assist local law enforcement in locating them using the mobile locator tracking system. Please call **856-935-7510**, ext. **8375**.

## PROPERTY TAX REIMBURSEMENT

The Property Tax Reimbursement Program provides those who are 65 or older or collecting Social Security Disability to be reimbursed for increased property taxes paid on the home, which they own and reside. There is income eligibility limits each year. Applications are usually available in February by calling 1-800-882-6597.

#### RESIDENTIAL MAINTENANCE

Yard and sidewalk care (removing snow and raking leaves). Cleaning attics, basements, and garages of potential hazards. Replacing door locks caulking windows, changing screens and storm windows. Weatherization improvements, housing improvements which may deter crime, installation of handrails to meet special needs due to physical disabilities. Contact Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622 or South Jersey HealthCare HELP Services at (856) 878-6049.

## SAVINGS CARD AND VISION PLAN

The Salem County Prescription Savings Card Program is a discount

program for residents of Salem County who wish to participate. The program provides a

provides a 10 to 50 percent savings on regular retail prescription prices. The Salem County Prescription Savings Card and UNA Card can be used at an extensive network of participating pharmacies nationwide. As an added bonus, the card also discounts prescriptions on your pets. You can print a card from the County's web page salemcountynj.gov or call the Salem County Office on Aging at (856) 339-8622 or (856) 451-1207 ext. 8622.

## **♥ SALEM COUNTY SPECIALIZED TRANSPORTATION**

Transportation provides local and limited out of county transportation for resident's 60 years of age or older, disabled residents, and rural general public residents.

Transportation is available for a variety of reasons including medical and shopping trips. The countywide program is funded under the Senior Citizen and Disabled Resident Transportation Act (Casino Funds), 5311, 5310 and 5317. Service is available weekdays from 8:00 am to 5:00 pm except for holidays. Reservations taken between 10:00 am-3:00pm

Contact the Office on Aging (856) 339-8622 or (856) 451-1207 ext. 8622. 48-hour (2 business days) notice is required for all appointments.

#### **Y SENIOR GOLD**

Senior Gold is a prescription program for those who have income between \$25,312-\$35,312 if single or \$31,035-\$41,035 if married and are 65 and over or disabled and collecting Social Security Disability. Cost is a co-pay of \$15.00 plus one half of the remainder of the cost of the medication. Contact the Office on Aging to get an application at **(856) 339-8622 or (856) 451-1207 ext. 8622.** 

## SENIOR IDENTIFICATION BADGES

A photo identification badge can be obtained at the Sheriff's Department. You will need to bring proof of address, original birth certificate, and social security card. Contact Sheriff's Office at **(856) 935-7510 ext. 8375.** 

## STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

Trained counselors are available to provide you with information on the various health insurances available to Salem County residents on Medicare and to help you make an informed decision in regard to health insurance. To make an appointment, contact the Office on Aging at (856) 339-8622 or 451-1207 ext. 8622.

## TAKE CONTROL OF YOUR HEALTH"

Chronic Disease Self Management Program

The Chronic Disease Self-Management Program is a workshop given two and a half hours, once a week, for six weeks, in community settings such as a senior centers, churches, libraries and hospitals. People with different chronic health problems attend the program that is facilitated by two trained leaders who assist in finding practical ways to deal with pain, fatigue, and stress. Workshops are facilitated by two trained leaders, one or both of whom are non-health professionals with a chronic disease themselves. Call for the next class

(856) 339-8622 or

(856) 451-1207 ext. 8622.

#### WEEKEND MEALS

Weekend meals are delivered to homebound seniors citizens on weekends and holidays.

Saturday's meal is

a hot meal and Sunday's meal is a precooked frozen meal that the participant must reheat. There is an evaluation process to determine those most in need of these meals. Contact of Meals on Wheels at **(856) 935-3663.** 

#### 800 NUMBER LIST

Alzheimer's Helpline 1-800-272-3900

Facility Complaint Hotline 1-800-792-9770

Homelessness Prevention 1-866-889-6270

IRS 1-800-829-1040

Logisticare 1-866-527-9933

Medicare Customer Service 1-800-633-4227

NJ Division on Aging's Hotline (Senior Dent) 1-800-792-8820

NJ Homestead Rebate Hotline 1-888-238-1233

#### **V** 800 NUMBER LIST (cont'd)

NJ Library for the Blind 1-800-792-8322

NJ Ombudsman's Office 1-877-582-6995

NJ SHARES (Gas & Electric Bills) 1-866-657-4273

PAAD, Sr. Gold, and Lifeline 1-800-792-9745

Property Tax Reimbursement Hotline 1-800-882-6597

Rx 4 NJ (Prescription Assistance) 1-888-793-6765

Social Security Administration 1-866-837-1235

South Jersey Legal Services 1-800-510-2492

Verizon NJ Lifeline Communications 1-800-837-4966

## **SOCIAL SERVICE**

**AGENCIES** 

**FOR** 

**SALEM COUNTY** 

#### ALZHEIMER'S ASSN. 856-797-1212

#### South Jersey Regional Office

3 Eves Drive, Suite 310 Marlton, NJ 08052

#### AMERICAN CANCER SOCIETY 1-800-227-2345, OF SOUTH JERSEY 856-616-1650

1851 Old Cuthbert Road Cherry Hill, NJ 08034

### AMERICAN NATIONAL RED CROSS 299-1027 3 Park Place Blvd. or 256-8300

3 Park Place Blvd. Sewell, NJ 08080

### ARTHRITIS FOUNDATION 616-8000 OF SOUTH JERSEY

9 Tanner St., East Entry Haddonfield, NJ 08033

#### ARC OF SALEM COUNTY 935-3600

PO Box 5 150 Salem-Woodstown Road Salem, NJ 08079

#### CATHOLIC CHARITIES 299-1296

114 State Street
Penns Grove, NJ 08069

#### COMMISSION FOR THE BLIND 1-877-685-8878

2201 Rt. 38 East 6th Floor Cherry Hill, NJ 08002

#### DIVISION OF MOTOR VEHICLE 1-888-486-3339

Finlaw Building 199 E. Broadway, 1<sup>st</sup> Floor Salem, NJ 08079

## EXPERIENCE WORKS SENIOR 609-703-1573 WORKFORCE SOLUTIONS or 1-800-854-1578

PO Box 323 Linwood, NJ 08221

#### ACTION PARTNERSHIP GATEWAY COMMUNITY

451-6330 or 935-0944

110 Cohansey Street, Bridgeton, NJ 08302 14 New Market Street, Salem, NJ 08079

#### HEALTH CARE COMMONS, INC.

299-3200

500 South Pennsville-Auburn Road Carneys Point, NJ 08069

#### MEALS ON WHEELS

935-3663

John B. Campbell Center 118 Walnut Street Salem, NJ 08079

#### MEDICAID Customer Service Center 614-2870

1 Port Center, Suite 401 2 Riverside Drive Camden, NJ 08102

#### MEDICARE (Toll Free)

INFORMATION CLAIMS 1-800-633-4227

#### PUERTO RICAN ACTION COMMITTEE 299-5800 OF SALEM COUNTY (PRAC)

114 E. Main Street PO Box 444 Penns Grove, NJ 08069

#### SALEM COMMUNITY COLLEGE

299-2100

460 Hollywood Avenue Carneys Point, NJ 08069

#### SALEM COUNTY DRUG AND ALCOHOL

935-7510 ext.8460

94 Market Street Salem, NJ 08079

#### SALEM COUNTY MENTAL 935-7510 ext. 8618

HEALTH

94 Market Street Salem, NJ 08079

## SALEM COUNTY OFFICE FOR 935-7510 ext.8316 DISABILITY SERVICES

94 Market Street Salem, NJ 08079

SALEM COU	NTY OFFICE ON AGING	339-8622 or
98 Market	Street	451-1207
Salem, NJ	08079	ext. 8622

### SALEM COUNTY ONE STOP 935-7007 CAREER CENTER

174 E. Broadway Salem, NJ 08079

### SALEM COUNTY PUBLIC HEALTH 935-7510 or DEPARTMENT 358-3857 ext. 8452

98 Market Street Salem, NJ 08079

### SALEM COUNTY RUTGERS COOPERATIVE 769-0090 EXTENSION SERVICE

51 Cheney Road, Suite 1 Woodstown, NJ 08098

SALEM COUN	NTY SURROGATE'S OFFICE	935-7510
92 Market	Street	ext.8322
Salem, NJ	08079	

## SALEM COUNTY VO-TECH SCHOOLS 769-0101 P.O. Box 350

Woodstown, NJ 08098

#### SALEM COUNTY WELFARE AGENCY 299-7200

147 South Virginia Avenue Penns Grove, NJ 08069

#### SALEM COUNTY'S WOMEN'S SERVICES 935-6655

P.O. Box 125 Salem, NJ 08079

#### SALVATION ARMY

935-0305

Broadway United Methodist Church, 115½ West Broadway, Suite 5 PO Box 6, Salem, NJ 08079

#### SOCIAL SECURITY

1-800-772-1213

ADMINISTRATION

149 West Broad Street Bridgeton, NJ 08302

#### UNITED WAY

935-2538

203 E. Broadway Salem, NJ 08079

#### USDA RURAL DEVELOPMENT

769-1126 ext. 4

51 Cheney Road, Suite 2 Woodstown, NJ 08098

## VETERAN'S SERVICES 935-7510 ext. 8603 94 Market Street Voice mail 339-8603

Salem, NJ 08079

#### WORKFORCE NJ, VOCATIONAL 935-6751 REHABILITATION

453-3888

40 East Broad Street, Suite 204 Bridgeton, NJ 08302-2881

#### ASSISTED LIVING FACILITIES

#### Friends Village at Woodstown 769-1500

1 Friends Drive Woodstown, NJ 08098

#### Merion Gardens

299-0300

315 Merion Avenue Carneys Point, NJ 08069

#### FOOD DISTRIBUTION

## Asbury United Methodist Church 769-2484 Disciples Pantry 149 S. Main Street Woodstown, NJ 08098 Tuesdays - 10:00-12:00 and 4:00-6:00

## Elmer United Methodist Church 358-0135 Peter's Pantry 21 S. Main St. Elmer, NJ 08318

Third Tuesday of each month- 6:30-7:00

#### First Assembly of God 935-0060

430 Rt. 45
Salem, NJ 08079
Second & Fourth Mondays - 10:00-1:00

#### Harvest Time Church 935-2948

200 Temple Avenue Salem, NJ 08079 Third Thursday of each month - 2:30-4:30

## Mt. Calvary Seventh Day 878-9290 Adventist Church

5 Union Street
Salem, NJ 08079
Third Thursday of each month - 5:00-6:00

#### Philabundance 1-800-319-3663

Washington Club's Lot 72 N. Virginia Avenue Penns Grove, NJ 08069 Wednesdays - 10:30-11:30

#### Salvation Army - Salem 935-0305

115-1/2 West Broadway Salem, NJ 08079 Monday - Friday - 10:00-2:30 Prefers by appointments

#### United Way of Salem County 935-2538

203 East Broadway
Salem, NJ 08079
Third Thursday of each month - 11:00-1:00
December by appointments

#### HELP SERVICES

Care Source Adult Services 856-552-1518
200 Federal Street Fax: (267) 295-7943
Suite 208
Camden, NJ 08103

#### Senior Helpers 769-4100 13 W. Ormond Avenue

Cherry Hill, NJ 08002

#### HOME CARE AGENCIES

Bayada Nurses	327-6800
1601 N. 2 <sup>nd</sup> Street	
Suite B8	
Millville, NJ 08332	

## Memorial Home Health and 678-8500 Hospice of Salem County 390 N. Broadway, Suite 900 Pennsville, NJ 08070

## Pennsville Visiting Nurse 678-4341 Association 14 North Broadway

Pennsville, NJ 08070
For Pennsville residents only

Salem, NJ 08079

## South Jersey Healthcare Community Services 223 Fenwick Plaza PO Box 126

#### HOMELESS PROGRAMS

Gateway	451-6330,	ext. 212
Inter-Agency Council State		ext. 8319 -889-6270
Board of Social Service	es.	299-7200
HOSPITALS		
South Jersey Hospital S Elmer Division 501 West Front Street Elmer, NJ 08318	ystem,	363-1000
The Memorial Hospital of Salem County 310 Salem-Woodstown Roa Salem, NJ 08079	ıd	935-1000
LIBRARIES		
Elmer Public Library 120 South Main Street Elmer, NJ 08318		358-2014
Pennsville Public Libra 190 South Broadway Pennsville, NJ 08070	ıry	678-5473
Salem County Bookmobile	Library	769-1082
Salem Free Public Libra 112 West Broadway Salem, NJ 08079	ıry	935-0526
Woodstown/Pilesgrove Public Library 14 School Lane Woodstown, NJ 08098		769-0098

#### NURSING HOMES

Carneys Point Care Center 201 5 <sup>th</sup> Avenue Carneys Point, NJ 08069	299-6800
Eagleview Health and Rehabilitation Center 849 Big Oak Road Pittsgrove, NJ 08318	451-5000
Friends Village at Woodstown 1 Friends Drive Woodstown, NJ 08098	769-1500
Golden Rehabilitation and Nursing Center 438 Woodstown Road Salem, NJ 08079	935-6677
Mater Dei Nursing Home 176 Route 40 Newfield, NJ 08344	358-2061
Southgate Health Care Center 449 S. Pennsville-Auburn Road Carneys Point, NJ 08069	299-8900
RESIDENTIAL HEALTH CARE FACILITIES (Formerly REST HOME)	S)
Ann's Abbey Rest Home 123 North Main Street Woodstown, NJ 08098	769-0403
Lakeside Rest Home 326 South Main Street Elmer, NJ 08318	358-2735
Rosario Haus 206 Buck Road Pittsgrove, NJ 08318	358-8170

#### SENIOR CLUBS

Alloway Senior Org. Elmer Senior Club LAC Senior Luncheons Senior Saints Penn Towers Tenants Assoc. Senior Group Woodstown Chap. AARP XYZ Club Pairs and Spares EW Dorn Community Ctr. Srs. Golden Agers	935-0075 769-9602 279-2446 299-0136 299-0101 678-5506 769-2844 678-2457 451-4939 241-2132 299-3960
SENIOR/DISABLED HOUSING	
Bailey Street Project 10 Bailey Street Pilesgrove, NJ 08098	769-1004
Carneys Point Senior Apartments 44 S. DuPont Road Carneys Point, NJ 08069	299-8100
Freedom Village 21 Alloway Rd., #600 Woodstown, NJ 08098	624-4179
Housing Authority Of The City Of Salem 205 Seventh Street Salem, NJ 08079	935-5022
Kent Avenue Apartments at a Glance 11 Kent Avenue Pennsville, NJ 08070	678-2600
Penns Grove Housing Authority Penn Towers South 40 S. Broad St. Penns Grove, NJ 08069	299-0101

Pennsville Towers 40 Eaton Road Pennsville, NJ 08070	678-3300
Salem Manor	935-6624
124 Yorke Street	
Salem, NJ 08079	

Salem Senior Village Apartments 878-1800 2 Hires Avenue Salem, NJ 08079

Village Arms Apartments 299-6611 311 Shell Road Carneys Point, NJ 08069

#### TRANSPORTATION

Salem County Transit 678-8777

Salem County Specialized Transportation Program 339-8622 or 451-1027 ext 8622

#### NJ EZPASS Senior Discount Program

You must have an EZPass account to apply. You can call EZPass at 1-888-288-6865 or the Office on Aging to get an application. You can also get the application on line at www.ezpassnj.com.

#### **NOTES**

This publication is produced by the Salem County Office on Aging, which is jointly funded by the Salem County Board of Chosen Freeholders, the State Division of Aging & Community Services, Social Service Block Grant, Title III of the Older American's Act, and New Jersey Transit.

Our services are available to all residents of Salem County 60 years of age or older as well as several programs being available to those who are disabled under the age of 60 regardless of race, color or national origin. This is in compliance with Title IV of the Federal Civil Rights Act of 1964 and regardless of handicap, in compliance with Section 504 of the Rehabilitation Act of 1973.

1/2012

Contributions are accepted for all programs. However, no customer will be denied services if unwilling or unable to make a contribution. All contributions received are used expand these services.

#### Salem County Statistics

Total Population	66,346
Total Senior Population	12,013

Alloway	446
Carneys Point	1,576
Elmer	272
Elsinboro	277
Lower Alloways Creek	361
Mannington	433
Oldmans	284
Penns Grove	749
Pennsville	2,675
Pilesgrove	735
Pittsgrove	1,337
Quinton	583
Salem	1,021
Upper Pittsgrove	629
Woodstown	685

Age 60-64 2,702 or 4.2% Age 65-74 4,671 or 7.3% Age 75-84 3,548 or 5.5% Age 85+ 1,092 or 1.7%

Seniors over 60 equal 18.7% of the total population.

